

NAHUC Contact Hour Questionnaire

CONTACT HOUR QUESTIONNAIRE

ID# 07-01-10

VALUE: 2 NAHUC CONTACT HOURS

MEMBER #: _____ NAME: _____

Paula Howard, CHUC, of Dallas, TX submitted this questionnaire.

This contact hour opportunity is provided as a free service to NAHUC members and "Coordinator" subscribers only. Answers must be submitted on this form. **NAHUC members to submit this original form only.** A stamped self-addressed envelope **MUST** be included with the completed questionnaire for the return of the contact hour certificate. Only questionnaires with at least 70% answered correctly will be awarded contact hour certificate.

DEADLINE FOR SUBMISSION OF THIS QUESTIONNAIRE IS SEPTEMBER 1, 2010.

Subject: Pulmonary Arterial Hypertension

Objective: Increase knowledge of Pulmonary Arterial Hypertension

Reference: Article published in this issue on page 4

Instructions: Using accompanying article, circle the most correct answer.

1. A person with undiagnosed pulmonary arterial hypertension most often visits the doctor, first, for:
a. syncope b. angina c. dyspnea d. edema

2. Conditions that can cause PAH include:

a. blood clots in the lungs b. rheumatoid arthritis c. chronic lung diseases d. a,b and c

3. Current treatments and lifestyle changes that can slow the progress of PAH do **not** include:

a. quitting smoking b. weight loss c. decreased exercise d. inhaled oxygen

4. Two main symptoms of PAH are:

a. shortness of breath & chest pain b. fainting & HIV infection
c. osteoarthritis & dizziness d. severe headaches & chronic fatigue

5. Which of these is **not** a standard diagnostic test for PAH?

a. echocardiogram b. lumbar puncture c. computed tomography d. ECG

6. Pulmonary Arterial Hypertension is:

a. high blood pressure in the arteries leading from the heart to the lungs b. completely curable
c. treatable with lifestyle changes in the early stages of the disease d. a and c

7. Chronic lung disease does **not** include:

a. emphysema b. fibromyalgia c. pulmonary fibrosis d. bronchitis

8. A person with advanced PAH:

a. always has HIV b. has symptoms even when resting
c. should not quit smoking d. has increased energy

9. Specialist teams for PAH diagnosis and treatment include:

a. pulmonologists and dermatologists b. dietitians and cardiologists
c. podiatrists and dentists d. cardiologists and pulmonologists

10. Early diagnosis of pulmonary arterial hypertension can allow the physician to provide treatment for symptoms such as:

a. increased appetite b. dental caries c. chronic fatigue d. decreased short term memory

**Mail This Completed Form With a Stamped, Self-addressed Return Envelope to:
Karen Clements 1521 Viking Ave Holmen WI 54636-9668
Deadline September 1, 2010**